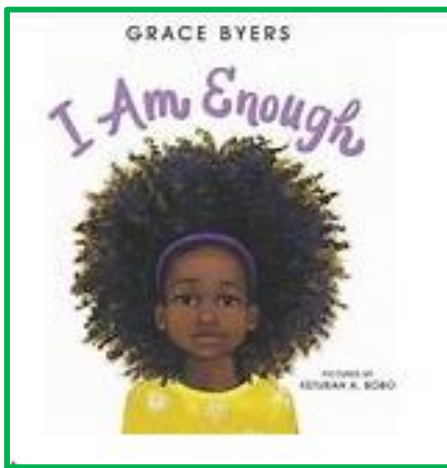


For more information please call the School Liaison Office at (254) 288-7946

Books That Support Resilience



I Am Enough by Grace Byers

Helps Develop: Connection, Confidence, and Character

A poem that strings together positive self-talk statements that encourage individuality, kindness, optimism, relationship with others, and belief in yourself and your abilities.

The Bear and the Piano by David Litchfield

Helps Develop: Connection, Confidence, and Control

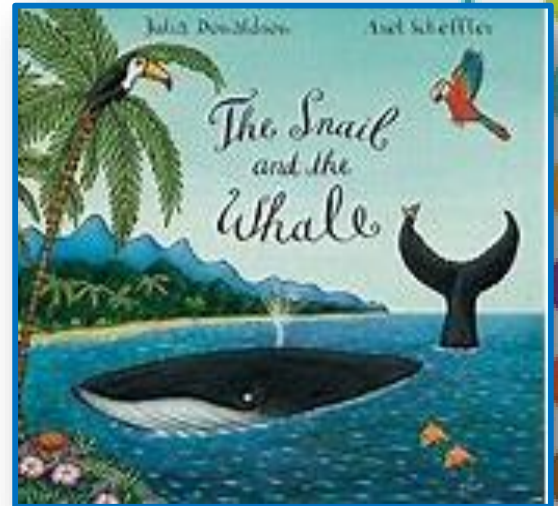
The bear develops belief in himself and his abilities by learning the piano, and then playing for his family and friends. He leaves the forest, and all that he knows, to play for larger audiences around the world. While he enjoys his new experiences, the bear begins to understand the value of the relationships with those.



The Snail and the Whale by Julia Donaldson and Axel Scheffler

Helps Develop: Connection, Confidence, and Control

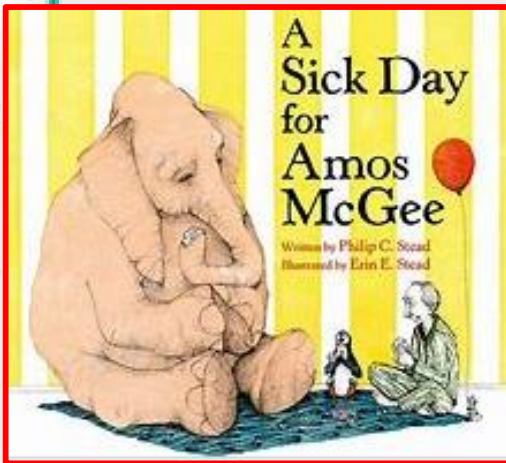
A snail longs to leave home and see the world, and joins a whale on a journey. The snail feels small in a big world. But when the whale is beached in a bay, his ability to confidently make a plan and act to save the whale shows that he can make a difference.



A Sick Day for Amos McGee by Philip Stead

Helps Develop: Connection, Contribution, and Character

Amos McGee values his friendship with animals in the zoo, and grows his relationship by visiting them each day. When he does not arrive one day because he is sick, the animals go to his house to take care of him.



Extra Yarn by Mac Barnett

Helps Develop: Connection, Confidence, Character, and Contribution

Annabelle has a special gift, knitting sweaters. She grows her relationship with other by sharing this gift with others by knitting sweaters for them. Her belief in herself and her abilities allow her to have the confidence to navigate challenging situations throughout the story.

